

ABOUT BED POSITIONING

One of the primary purposes of moving and positioning patients is to prevent pressure sores. The incidence of pressure sores usually develop as the result of pressure over bony prominences. Sores are the result of inadequate blood and oxygen flow to the area and can develop in a short time.

These sores can develop in the bed and the best way to prevent them is to keep pressure off the skin covering the bony prominences. This can be done by proper positioning and padding by rotating the patient frequently.

A high mechanical load for a brief period or a low mechanical load for a prolonged period of time increases the risk for skin breakdown.

“A patient who is using a pressure relieving pad or mattress still requires turning. Although some pressure is relieved, the devices do not remove it entirely, so further breakdown is possible. In some cases, in addition to the side lying wedges, other devices such as heel and elbow protectors, heel elevators, side rail pads, foot cradles to keep the weight of the blanket off the feet and special mattresses may be required”

Text above is from BARBARA ACELLO, Basic Skills for the Healthcare Provider

POSITIONING THE PATIENT

Positioning the patient in good alignment is very important. This means that the spine is straight and other parts of the body are in good alignment. When the patient is positioned correctly, function of the body systems is improved. Using a slide sheet is easier to position the patient than pulling the body directly. Using these devices prevents accidental injury to the patients skin and trauma to the muscles, bones and joints. These slide sheets also help prevent back injury of the caregiver. Use of foam wedges are also useful in helping the patient maintain a side lying position and eliminating pressure from the coccyx.

SkiL-Care™
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PREVENTION & TREATMENT OF PRESSURE ULCERS
NATIONAL PRESSURE ULCER ADVISORY PANEL
EDITED BY SKIL-CARE CORP.

Determine Repositioning Frequency with Consideration to the Individual

- Tissue Tolerance
- Level of activity & mobility
- General medical condition
- Skin Condition
- Comfort



Teach individuals to do pressure relief lifts or other pressure relieving manoeuvres.



Avoid positioning the individual on bony prominences with existing non-blanchable erythema



Avoid subjecting the skin to pressure and shear forces



Use manual handling aids to reduce friction and shear lift, don't drag the individual when repositioning.



Repositioning Individuals in Bed

Use the 30° tilted side-lying position (alternately right side, back, left side) or the prone position if the individual can tolerate this and his/her medical condition allows.



Encourage individuals who can reposition themselves to sleep in a 30° to 40° side lying position or flat in bed if not contraindicated.



Limit head of bed elevation to 30° for an individual on bed rest unless contraindicated by medical condition or feeding and digestive consideration.



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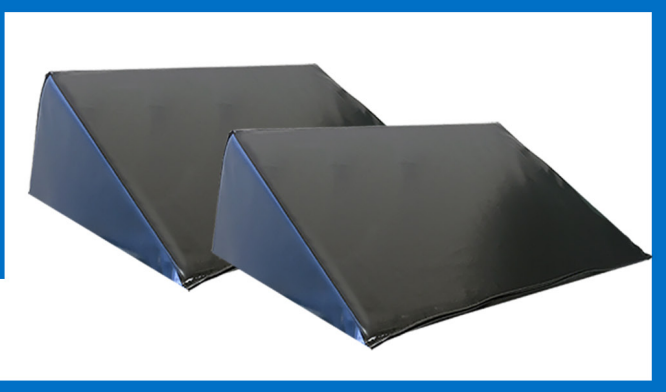
Our sales force is available for individual product demonstrations and inservicing. For any questions regarding a distributor or sales representative please contact our customer service department or visit us online @ www.skil-care.com

If you would like to be removed from our mailing list please contact us at customerservice@skil-care.com

SkiL-Care™
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30° Bed System with
Slider Sheet and
Two Wedges

Plus:
Your Guide to Bed
Pressure Ulcer
Prevention



- Helps prevent pressure ulcers by off-loading the sacrum
- Keeps residents positioned at the appropriate angle
- Reduces the risk of injury to the caregiver

30° BED SYSTEM WITH SLIDER SHEET AND TWO WEDGES

Systems:

Re-Order #	Description	U/M	Size	Capacity
556150	30 Degree Bed System w/38"W Nylon Slider and Two 16" Wedges	Set	16" Wedge, 50"L x 38"W Slider Sheet	300lbs
556154	30 Degree Bed System w/48"W Nylon Slider and Two 16" Wedges	Set	16" Wedge, 50"L x 48"W Slider Sheet	400lbs

Components:

Re-Order #	Description	U/M	Size	Capacity
556151	Two 16"L 30 Degree Wedges	Pair	16"L x 12"D x 7"H	N/A
556152	38"W Nylon Slider Sheet	Each	50"L x 38"W	300lbs
556153	Two 24"L 30 Degree Wedges	Pair	24"L x 12"D x 7"H	N/A
556158	38"W Optional Mesh Slider Sheet	Each	50"L x 38"W	250lbs
556155	48"W Nylon Slider Sheet	Each	50"L x 48"W	400lbs

This unique bed positioning and transfer system off-loads the coccyx and sacral areas for residents who have decubitus ulcers in that area or for those who are prone to the problem because of their immobility for extended periods.

The system comes with two 30 degree side-lying positioning wedges designed to promote proper body alignment and offload the sacrum while eliminating the need of multiple pillows.

The slider/ transfer sheet has multiple handles to accommodate multiple caregivers at various locations.

The low friction surface on the slider/transfer sheet makes it possible for the caregiver to achieve turning and transferring protocols of patients while significantly reducing the risk of caregiver back injury.

The waterproof slider/transfer sheet protects the bed and reduces frequency of linen changes associated with incontinent residents.

For more information regarding this product or other positioning products please contact our customer service department at 1-800-431-2972 or email us at customerservice@skil-care.com

Patient Benefits

- Helps prevent sacral pressure ulcers by off-loading the sacrum
- Maintains 30-degree side lying position.
- Helps prevent shear and friction forces on the patient's skin.
- Protects mattress from incontinent residents.

Staff Benefits

- Requires fewer nurses and less time to position and transfer resident.
- Reduces exertion and strain put on staff's hands, wrists, shoulders, and BACKS.
- Compatibility with low air loss surfaces when using optional mesh slider sheet, meaning it can remain under the patient at all times, making it easier and more convenient for nurses.
- Minimizes the frequency of repetitive positioning tasks that may be required with pillows and other non-slip wedges.
- Protects bed from incontinent residents (housekeeping).

Specifications:

- Stable platform for coccyx off loading
- Slider sheet for easy patient transfer
- Water proof barrier for fluid control
- Multiple handles for safe transferring
- Wipe clean surfaces for anti-bacterial control
- Wedges mate with sheet with high friction surface
- Dual wedges for optimum positioning
- Long life highly durable materials
- **Made in the USA**

Transferring and positioning a resident exposes the caregiver to back injury. The slider sheet is covered in nylon on the bottom which significantly reduces the friction between the slider sheet and bed sheet which in-turn reduces back strain when transferring.



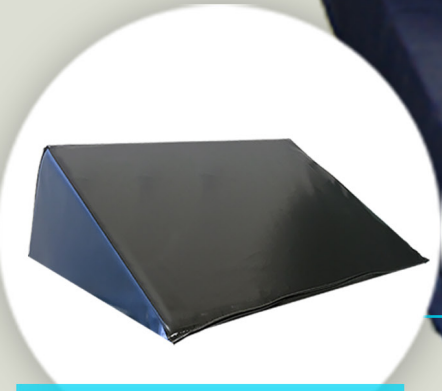
Low Shear II Fabric

This fabric stretches in two directions and when placed under the skin, reduces shear forces. It is water proof, protects the mattress and wipes clean for anti-bacterial control.



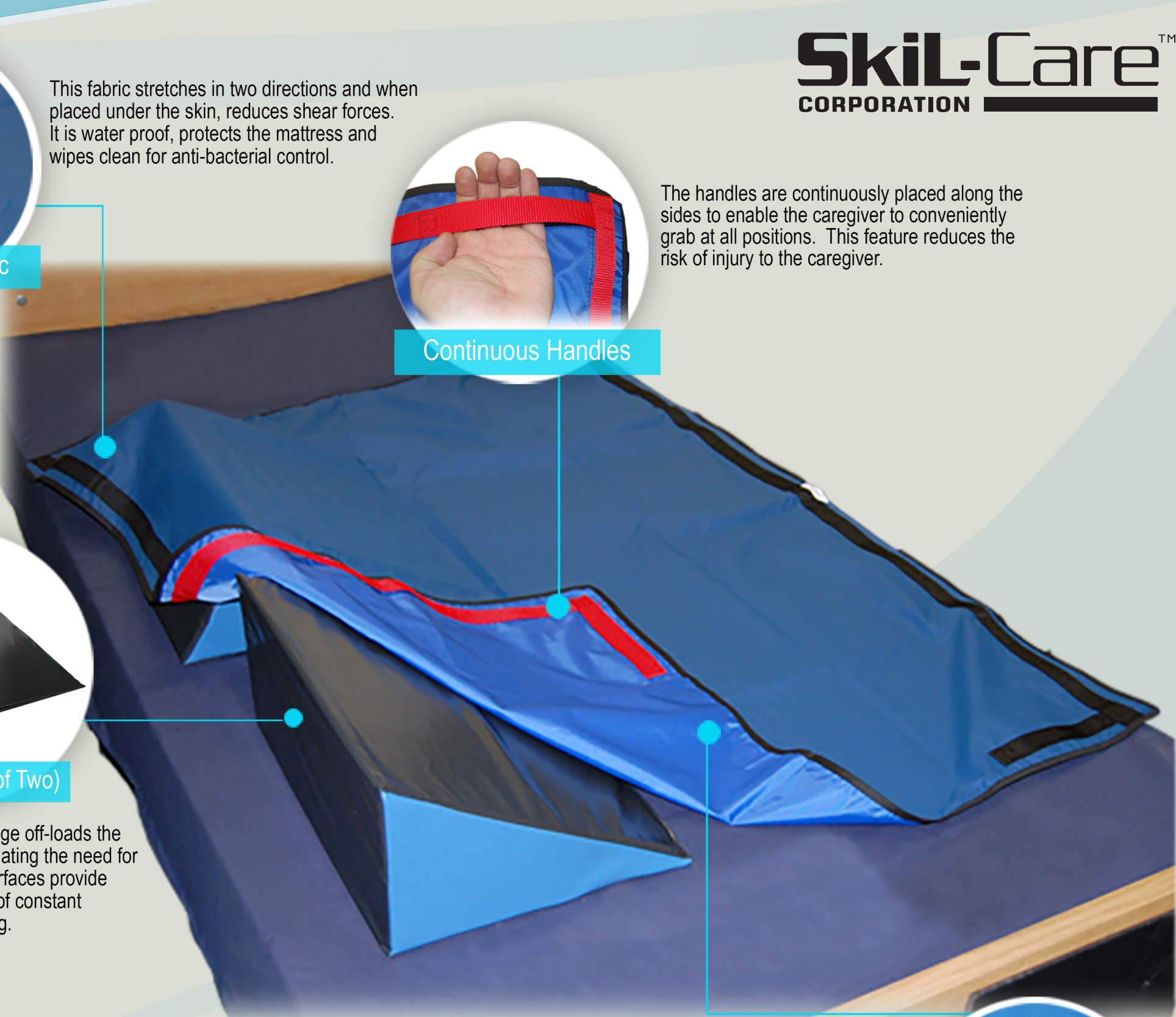
Continuous Handles

The handles are continuously placed along the sides to enable the caregiver to conveniently grab at all positions. This feature reduces the risk of injury to the caregiver.



16" Wedge (Set of Two)

This pressure relieving wedge off-loads the patient's coccyx area eliminating the need for pillows. The high friction surfaces provide stability and reduces need of constant monitoring and repositioning.



Nylon Fabric