

SAFE PATIENT HANDLING INFORMATION CENTER

OSHA has developed a guideline for nursing home employees and others with similar work environments such as assisted living centers, homes for the disabled and hospitals. These recommendations were prepared to help reduce the number and severity of work related musculoskeletal disorders (MSD) in their facilities "MSD include conditions such as low back pain, sciatica rotator cuff injuries, epicondylitis and carpal tunnel syndrome." "OSHA has confirmed that facilities that have followed these recommendations have achieved considerable success in reducing work-related injuries and associated worker's compensation costs. Other benefits were reduced staff turnovers, associated training and administrative costs, reduced absenteeism, increased productivity, improved moral, and increased resident comfort."

All recommendations made in this flyer are quoted in "Ergonomic for the Prevention of Musculoskeletal Disorders". All products suggestions to prevent MSD disorders are made by the professional staff at Skil-Care Corp.



TRANSFER & LIFTING

OSHA recommendations when transferring to and from bed to chair, chair to toilet, chair to chair, or car to chair.

1. For patients who cannot or partially can bear their weight and aren't cooperative use full body sling and two caregivers.
2. For a cooperative patient and one who can partially bear their weight, use a gait/transfer belt.
3. For bathing transfer, use mesh slings sheet.

BED POSITIONING

Lateral Transfer, Bed to Stretcher, Trolley: For a resident who is partially able greater than 100lbs use a lateral sliding aid and two caregivers. If a patient is 100-200lbs, use a lateral sliding aid-or-a-friction reducing device (i.e. EZ Glide) and two caregivers. If a patient is greater than 200lbs, use a lateral sliding aid and three caregivers or-a-friction reducing device, lateral transfer device and two caregivers or a mechanical lateral transfer device.

Side to Side, Up-in-Bed: Use full-body sling lift or friction reducing device and two or more caregivers (greater than 200lbs at least three caregivers, less than 200lbs, two-three caregivers). Note: When pulling a patient up in bed, using a slide sheet, make sure that the bed is flat.

Skil-CareTM
CORPORATION

29 Wells Ave.
Yonkers, NY 10701

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SAFE PATIENT HANDLING SOLUTIONS

**ARE YOU
READY!**

SPH policies must be
established by
January 1, 2017



**TRANSFER
& LIFTING**



BED POSITIONING

New York State has mandated that
"Safe Patient Handling" procedures be enforced

ARE YOU READY! SPH policies must be established by January 1, 2017

TRANSFER & LIFTING



TLC Positioning Pad

Transfer pad that is comfortable and has an absorbent layer and a waterproof barrier. It can be placed under the resident.

(Models: 555012,555015,555018)



Super-Slings

Reinforced transfer slings that facilitate transfer and lifting. High strength slings allow lifting of petite to bariatric residents.

(Models: 914123,253020,253010,253030)



Slider Sheets

Soft, stretch slider sheets with continuous handles. These low friction slider sheets can be placed under the resident for extended periods.

(Models: 556152,556158,556155,556060-556063)



Transfer Belts w/Adjustable Handles

These 4" wide transfer belts have five handles that are essential when assisting in ambulation. This belt can be used with several caregivers when transferring bariatric residents

(Models: 252200-252203)



Cotton Gait Belts

The cotton gait belts are soft to the caregivers hands and are very effective when assisting in resident ambulation.

(Models: 252010-202015,252050-252055, 252060,252061,252070-252074)



PathoShield Gait Belts

The pathoshield gait belts has a non porous surface and absence of penetration where bacteria could collect.

(Models: 914376,914378,914380,914384,914387)



BED POSITIONING



30° Bed System w/Slider Sheet & Two Non-Slip 16" Wedges

Consists of a low friction slide sheet with continuous handles that can be used by several caregivers simultaneously. It utilizes two 30° wedges to help maintain patients position in the bed.

(Models: 556150-556155, 556157,556158)



Bed Ladder

This multiple loop bed ladder enables residents to pull themselves upright in a bed. This is beneficial to the resident as upper body exercise and doesn't expose the caregiver to lifting the resident.

(Model: 914154)



In-Bed Resident Positioning System

A bed positioning system that includes two vinyl coated foam wedges and is mated with a soft, absorbant TLC pad. The system remains in position when the velcro on the wedges is in contact with the loop material on the TLC pad.

(Models: 555036,555035,555025)



30° Positioning Wedge

A bed positioning wedge contoured to an optimum 30 Degrees

(Models: 554025, 554026,554028, 554030)



Need A Lift? Just Ask!

Our sales force is available for individual product demonstrations and inservicing.

For any questions regarding a distributor or sales representative please contact our customer service department or visit us online @ www.skil-care.com

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29 Wells Ave, Yonkers, NY 10701
914.963.2040 • toll-free: 800.431.2972 • www.skil-care.com