

## **COTTON GAIT BELTS**

Re-Order #	Buckle	Color	Size	Unit
□252012	Metal	Navy Blue	60"L	Each
□252076	Metal	Navy Blue	72"L	Each
□252010	Metal	Pinstripe	60"L	Each
□252050	Delrin	Pinstripe	60"L	Each
□252074	Metal	Pinstripe	72"L	Each
□252070	Metal	Pastel Stripe	60"L	Each
□252061	Delrin	Pastel Stripes	60"L	Each
□252072	Metal	Pastel Stripes	72"L	Each
□252015	Metal	Stars&Stripes	60"L	Each
□252055	Delrin	Stars&Stripes	60"L	Each
□252073	Metal	Stars&Stripes	72"L	Each

## **Purpose**

Skil-Care Cotton Gait Belt is made of two inches wide strong cotton webbing. It makes lifting, ambulation, and transfer easier and reduces the caregiver's exposure to back injury. It is not to be used as a safety restraint in the wheelchair, chairs of any kind, or in bed. This gait belt is durable, completely launderable and effectively reduce the possibility of patient falls staff back injury.

## **GAIT BELT USE**

- Place belt around patients' waist only. Do not place around chest.
- Secure by threading metal-tipped end through buckle hinge, over teeth, and through slot at back of buckle.
- Secure by inserting male end into female end. Release by simultaneously pressing tabs at top and bottom of buckle. Position buckle behind patient. Do not permit patient to have access to buckle.
- Make certain belt fits snugly. Leave enough room so that you can get both hands around webbing.
- -Grasp belt at patients back and side. A right-handed caregiver should place his/her right hand at the patients back and left-hand patients left side. A left-handed should do the opposite.
- To achieve your most secure grip, slide your hands upward under the belt. Palms facing away from the patient.
- Before lifting, ambulating, or transferring patient be certain that you have the physical capacity to support the patient's weight. If necessary, two caregivers may be required to perform these tasks.



## **EASY CARE**

- This device may be laundered and dried at temperatures up to 180°F (82°C)
- Bleaching is not recommended
- Do not place Gait Belt in a water extractor as it will crush the buckle

