



Re-Order #	Description	Size	Unit
555108	Balance Stability Foam Beam	68" L x 4" W	Each

#### **Purpose**

The Skil-Care Balance Beam is designed for balance training and rehabilitation. This foam beam helps improve core strength, posture, and motor coordination, making it an ideal tool for seniors, individuals recovering from injury, or anyone looking to rebuild essential balance skills for daily activities. It is also an excellent choice for children and young athletes learning foundational balance skills.

#### **Easy to Use**

The beam provides a stable yet slightly destabilized surface to safely challenge balance and stability. Users can perform balance routines, rehabilitation exercises, or gymnastic training on the beam. Its portable, foldable design measures 68" L x 4" W when flat and 34" L x 4" W when folded, making it convenient to transport and store. It is suitable for use in the home, gym, therapy centers, or clinical

#### **Easy Care**

Constructed from high-quality, closed-cell foam covered with a durable wipe-clean vinyl, the Skil-Care Balance Beam is simple to maintain. After use, the vinyl surface can be wiped clean with standard disinfectants. The product is latex-free, ensuring a safe and worry-free experience for all users.

#### **Caution**

Always use the balance beam on a flat, stable surface under caregiver or therapist supervision when needed, discontinue use if damaged or worn, avoid advanced gymnastic dismounts or high-impact maneuvers, and ensure the beam is completely dry before use to prevent slipping.